Making a complaint about the NHS

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In the NHS in Scotland, we try to give you the best possible care and treatment. We value comments, good or bad, to help us improve the service. If you are not happy about anything, please let us know.

This leaflet explains how to complain using the NHS complaints procedure.

**What can I complain about?**

Things you can complain about include:

- care or treatment you have had or are having in the NHS
- anything to do with the place where you are seen, for example a doctor’s surgery, a hospital or an ambulance
- any member of NHS staff involved in your care
- how our services in your local area are organised, if this has affected your care or treatment.

If your complaint also involves another part of the NHS or another organisation, such as social services, we may need to pass it to someone there. We will tell you who is dealing with your complaint.

**What can’t I complain about?**

There are some things you can’t complain about through the NHS complaints procedure. These include:

- private health care or treatment
- services not provided or funded by the NHS, and
- something you are taking legal action about.
The NHS complaints procedure doesn’t usually provide financial compensation. For advice about financial compensation, you should contact your local citizens advice bureau or a solicitor.

**Who can complain?**

You can complain if you have:
- had or are having NHS care or treatment, or
- visited or used our services or facilities.

You can complain for someone else if you:
- have their agreement to complain – the patient would also need to agree that staff could look at their health records if necessary
- are a child’s parent, guardian or main carer and your child is not mature enough to understand how to make a complaint
- have a welfare power of attorney or a welfare guardianship order for someone who cannot make decisions for themselves, and the order specifies that you have the power to make a complaint about health care
- are a relative of, or had a relationship with, a patient who has died and you were concerned about how they were treated before they died, or
- are acting as an advocate for the patient (see page 7 for more about advocacy).
How long do I have to make a complaint?

We have a time limit for complaints. Normally, you must make your complaint:

- within six months of the event you want to complain about, or
- within six months of you finding out that you have a reason to complain – but no longer than 12 months after the event.

However, if you feel the time limit should not apply to your complaint, please speak to the person dealing with the complaint. Sometimes we can accept a complaint after the time limit.

You can complain to the Scottish Public Services Ombudsman about a decision by the NHS not to accept your complaint (see page 8 for more information).

How to complain

What should I do?

- If you can, first talk to a member of staff involved in your care. If you do this, we can try to sort out your complaint on the spot.
- If you are not able to talk to the NHS staff involved in your care, you can ask to speak to a senior member of staff or the complaints officer for the NHS organisation involved.
You can complain in person, by phone, or in writing. When complaining, you should give:

- your full name and address (and the patient’s name and address if you are complaining for them), and
- as much helpful information as possible about what happened, where it happened and when.

You can also make your complaint by fax, email or textphone (if available), but if you do this other people may be able to see your personal information.

**Who should I complain to?**

- You should first complain directly to the person or organisation providing the service.
- If you do not feel able to do this, contact your local NHS board to find out who can help you with your complaint – see pages 9-10 of the leaflet.
- If your complaint is about NHS 24 or the Golden Jubilee National Hospital, you should first speak to the person who was dealing with you. If you do not feel able to do this, speak to the complaints officer at the organisation. The contact details are on page 11.
- If your complaint is about the Scottish Ambulance Service, you should complain to their headquarters. The contact details are on page 11.
- If your complaint is about the State Hospital, you should complain to the complaints officer there. The contact details are on page 12.
What happens after I have complained?

- We will write to you within three working days of getting your complaint.
  
  This letter should:
  - tell you what action we will take to look into your complaint
  - offer you the chance to talk to a member of staff about the complaint
  - give you information about independent advice and support (see page 6 for more information), and
  - give you information about conciliation if this may be helpful (see page 7 for more information).

- We will keep information about you confidential. To investigate your complaint, we may have to talk to other NHS staff about you or show them your health records. If you don't want us to share information from your health records, you should tell us when you make your complaint, but bear in mind that this may make it more difficult to look into your complaint.

- We will make a record of your details and complaint, and use it to help us make services better.

When will I get a full response?

- We will write to you with a full response within 20 working days of receiving your complaint.
- If your complaint is about a GP surgery, an NHS dental
surgery, an NHS optician’s practice, or a pharmacy, we will respond within 10 working days.

- In some cases, we may need more time to give you a full response and won’t be able to keep to these timescales. If this happens, we will let you know and tell you why.
- In our response we will let you know the result of our investigation. We will:
  - show that we have looked into your complaint and reply to all the points raised in it
  - offer you an apology where things have gone wrong
  - explain what we will do to stop what you complained about happening again
  - if necessary, explain why nothing more can be done about some parts of your complaint
  - offer you the chance to talk to a member of staff if there is anything in the letter you don’t understand, and
  - include information about the Scottish Public Services Ombudsman in case you are unhappy with our response and want to take things further (see page 8 for more information).

Who can help me with my complaint?

Independent advice and support

- If you would like to speak to someone for advice or help with making a complaint you can contact your local citizens advice bureau. See page 9 for contact details.
Advocacy

- If you find it difficult to make a complaint yourself and want someone to speak for you, you can ask for an independent advocate. An independent advocate is someone from outside the NHS who can speak for you or help you express your views. Your local NHS board or complaints officer will be able to tell you about advocacy services in your area.

Conciliation

- Conciliation means bringing people together to try to resolve a problem.
- An independent conciliator can try to help you and the person you have complained about agree what should happen next.
- Conciliation can only be used if you and the person you’ve complained about both agree to it.
- To find out more about conciliation, please ask the person who is dealing with your complaint.

What if I change my mind after I’ve complained?

- You can change your mind about making a complaint at any time. Please let us know as soon as possible. It would be helpful if you could write and tell us, but otherwise a phone call will do.
What if I’m not happy about the way the NHS has handled my complaint?

The Scottish Public Services Ombudsman (SPSO)

- If the NHS has fully investigated your complaint and you are still not happy, you can ask the SPSO to consider your complaint further.
  - The SPSO cannot normally look at complaints more than 12 months after you became aware of the matter you want to complain about. Sometimes this time limit will not apply. Please contact the SPSO for more information.
  - The SPSO cannot look at matters that have been or are being considered in court.
- If you are not happy with the way the NHS is dealing with your complaint, for example if you think it is taking too long, you can contact the SPSO.
- The Ombudsman does not take up all cases and will decide whether or not to investigate your complaint further.
- See page 12 to find out how to contact the Ombudsman.
How to find out more

- For more information about anything in this leaflet, contact:
  - the NHS helpline on **0800 22 44 88** (textphone 18001 0800 22 44 88)
  - your local citizens advice bureau (CAB) using the phone numbers below. You can also contact a bureau for independent advice and support.

<table>
<thead>
<tr>
<th>Bureau</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Airdrie CAB</td>
<td>01236 754 109 or 01236 754 376</td>
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<tr>
<td>Bellshill CAB</td>
<td>01698 748 615</td>
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<tr>
<td>Clydesdale CAB</td>
<td>01555 664 301</td>
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<tr>
<td>Coatbridge CAB</td>
<td>01236 421 447 or 01236 421 448</td>
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<td>Cumbernauld and Kilsyth CAB</td>
<td>01236 723 201</td>
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<tr>
<td>East Kilbride CAB</td>
<td>01355 263 698</td>
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<tr>
<td>Hamilton CAB</td>
<td>01698 283 477</td>
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<tr>
<td>Motherwell and Wishaw CAB</td>
<td>01698 251 981 or 01698 259 389</td>
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Direct line for independent advice and support:
- Coatbridge: 01236 429 338
- Clydesdale: 01555 664 301

If you want to visit your local bureau, you can find the address on the internet (**www.cas.org.uk**).

- To complain about services provided by NHS Lanarkshire in the community, including the out of hours service, or for advice on complaining about your GP surgery, NHS dentist, optician or community pharmacist, please contact:
Patient Services Department  
Strathclyde Hospital  
Airbles Road  
Motherwell  
ML1 3BW  
Phone **01698 245 004**

- To make a complaint about services in Hairmyres Hospital, contact:  
  Hospital Administration Manager  
  Hairmyres Hospital  
  Eaglesham Road  
  East Kilbride  
  G75 8RG  
  Phone **01355 585 325**

- To make a complaint about services in Wishaw General Hospital, contact:  
  Hospital Administration Manager  
  Wishaw General Hospital  
  50 Netherton Street  
  Wishaw  
  ML2 0DP  
  Phone **01698 366 558**

- To make a complaint about services in Monklands Hospital, contact:  
  Hospital Administration Manager  
  Monklands Hospital  
  Monkscourt Avenue  
  Airdrie  
  ML6 0JS  
  Phone **01236 713 065**
You can also visit the NHS Lanarkshire website at www.nhslanarkshire.org.uk for more information.

**Scottish Ambulance Service**
To complain about the ambulance service, contact:
General Manager
Scottish Ambulance Service (West Central Division)
Maitland Street
Glasgow
G4 0HX
Phone **0141 353 6001**

**NHS 24**
To complain about NHS 24, contact:
Patient Customer Relations Department
NHS 24
Caledonia House
Fifty Pitches Road
Cardonald Park
Glasgow
G51 4ED
Phone **0141 337 4501**

**Golden Jubilee National Hospital**
To complain about the Golden Jubilee National Hospital, contact:
Risk Manager
Golden Jubilee National Hospital
Beardmore Street
Clydebank
G81 4HX
Phone **0141 951 5000**
**State Hospital**
To complain about the State Hospital, contact:
Complaints Officer
The State Hospital
Carstairs
Lanark
ML11 8RP
Phone **01555 842 200**

**Scottish Public Services Ombudsman (SPSO)**
The Scottish Public Services Ombudsman
Freepost EH641
Edinburgh
EH3 0BR
Phone **0800 377 7330**
Text message **07900 494 372**
Email **ask@spso.org.uk**
Website **www.spso.org.uk**

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**Information about health rights**

- **Confidentiality – it’s your right** explains how the NHS protects your personal health information.
- **How to see your health records** explains your right to see or have a copy of your health record.
- **The NHS and You** explains what you can expect from the NHS in Scotland, and what the NHS expects from you.
- **Consent – it’s your decision** explains how you should be involved in decisions about your health care and treatment.
Health care for overseas visitors is a set of factsheets explaining what NHS services overseas visitors can expect to receive while they are in Scotland.

Information for young people

- Consent – your rights explains how you should be involved in decisions about your health care and treatment.
- Confidentiality – your rights tells you how the health service keeps information about you private.
- Have your say! Your right to be heard tells you how to give feedback or make a complaint about the NHS.

Information for carers

- Caring and consent explains your right to be involved in decisions about the health care of the adult you care for.

You can get this information from:

- GP and dental surgeries, hospitals and other places where you get NHS care
- the NHS helpline on 0800 22 44 88 (textphone 18001 0800 22 44 88)
- www.hris.org.uk
- your local citizens advice bureau (find your nearest bureau on the internet at www.cas.org.uk or in your local phone book).
We have tried our best to make sure that the information in this leaflet is correct. However, the leaflet is for guidance only so you should not rely on it as a full statement of the law. If you are thinking about taking legal action, you should contact a solicitor, a citizens advice bureau or other advice agency.

Your comments please!
We want to know what you think about this leaflet.

Please give us your comments:
- by post to HRIS, Consumer Focus Scotland, FREEPOST GW5277, Glasgow G1 3BR
- by emailing us at hris@consumerfocus.org.uk
- by visiting our website at www.hris.org.uk and clicking on the ‘contact us’ link, or
- by phoning us on 0141 226 5261.

Produced by Health Rights Information Scotland, a project of Consumer Focus Scotland, for the Scottish Government Health Directorates.
To get this leaflet in another language or format phone your local NHS Board on 08453 130 130.