

Taking medicine

Easy Read Information Leaflet

You may need to take medicine if you are unwell or to make you feel better.



1. Medicine can be tablets, capsules, drops or liquid.



2. Tell the nurse or doctor what medicine you are taking.



3. A doctor or nurse will give you medicine.
You should tell them if there are any medicines you cannot take.



3. They will tell you how to take your medicine.



They may give you a glass of water to help you swallow tablets.



4. They will write down what medicine you have had on your medical record.