

# Having your blood taken

Easy Read Information Leaflet

Having your blood taken can let us know if you are unwell.



1. Blood can be taken by a nurse or doctor.



2. They will tell you why they want to take your blood.



3. They will tie a thick band on your arm. The band may feel tight. It might feel sore.



4. They can put gel on your arm which can help with the pain.



5. They will put a needle into your arm. You will need to keep your arm still.



6. Your blood will go into a blood bottle.



7. They will take the band off your arm.

They will put a plaster or dressing on your arm.

8. They will send your blood to be tested.

9. When the blood test is finished the nurse or doctor will talk to you.