

“My mum died 3 months ago. I miss her so much-but we knew she was dying – we talked, but most of all we laughed. She was cared for on the LCP for the last three days of her life-I said goodbye-she died-time was precious but we used it wisely...”

Patient's Daughter

“My brother died and I was not prepared-no one told me-the team knew but no one was sure enough so they just did not bother to try to tell me about their uncertainty...”

Patient's Brother

“Increased my ability to prescribe appropriately for dying patients.”

House officer's view

“The confidence to care for that dying patient appropriately”

Nurse's view.

courtesy of www.mariecurie.org

How to find us

The LCP Initiative is located within St. Andrew's Hospice, Henderson Street, Airdrie, Lanarkshire, ML6 6DJ



Are you a Healthcare Professional who wishes to discuss training for End of Life Care? Or have you any questions regarding the LCP? Then please get in touch.



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Website: under construction



Implementing the



**SUPPORT FOR ALL
HEALTH CARE
PRACTITIONERS
CARING FOR DYING
PATIENTS**

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WHAT IS THE LCP?

The LCP is a document, which should be used to facilitate best practice, and improve care of the dying patient.

Adapted from the Hospice model of care, the LCP is a holistic, multidisciplinary and evidence-based tool which focuses on the physical, psychological and spiritual needs of the dying patient (and their families) in the last few days of life.

The LCP allows health care practitioners to identify the dying phase and initiates appropriate comfort measures required at this phase of a person's life.

The LCP is a legal document, replacing all other documentation at this time. It aims to standardise and improve end-of-life care throughout Lanarkshire.

LCP PROJECT / TEAM

The Government document 'Living and Dying well' (2008) strongly recommends the use of the LCP for the dying patient. As a result, NHS Lanarkshire has established an LCP team with the purpose of implementing and facilitating the use of the document into everyday practice throughout all care settings in Lanarkshire.

One lead practice development practitioner and 5 practice development facilitators are now in post and are actively introducing, training and raising awareness of the LCP throughout Lanarkshire.

THE ACUTE TEAM

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LCP GUIDANCE ON THE DYING PHASE

Day to day deterioration
Reversible causes ruled out?
Unresponsive to optimal drug therapy
Patient is bed bound / semi-comatose/
cannot tolerate oral meds / not eating or drinking

INITIAL ASSESSMENT

Holistic / Individualised care plan
Preferred place of care expressed
DNAR documented
Review / Discontinue all non-essential Drugs,
Investigations / Interventions / Observations.
Anticipatory prescribing
Psychological / religious / spiritual insight
and support
Communication with family / MDT

CONTINUOUS EVALUATION

Ongoing Assessment & Comfort Measures
Medications adjusted as appropriate.

VARIANCE RECORDING
PRESCRIBING GUIDELINES

CARE AFTER DEATH

According to local policy appropriate support
and information for families and carers.