

## CONFIDENTIALITY AND USE OF PATIENT'S INFORMATION

For the purpose of your present and future medical treatment, details of your medical care will be recorded. Some use may be made of this information for research purposes and to indicate the kind of future health services which patients may require; some will be processed on a computer. At all times great care is taken to ensure that high standards of confidentiality are maintained in respect of all information held.

The "Data Protection Act 1998" gives you the right of access to any personal information which the Trust hold about you either in manual records or on its computers. If you wish to apply for access to your data, or if you would like more information about your rights under the Act you should, in the first instance, contact the **Health Records Officer** at the hospital.

**Wishaw General Hospital**  
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Wishaw ML2 0DP  
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Lanarkshire Acute Hospitals



# Welcome to the Maternity Unit

A guide for patients  
from Maternity Services

Design - Medical Illustration, NHS Lanarkshire



Awarded for Excellence to  
Lanarkshire Maternity Services

## **WISHAW GENERAL HOSPITAL - MATERNITY UNIT**

The Maternity Unit aims to provide a high standard of maternity services in a cordial and competent manner.

We will ensure that the safety and welfare of you and your baby are of primary importance and your visit to hospital is as pleasant and comfortable as possible.

If you have any questions or concerns please do not hesitate to speak to a member of staff on the ward.

## 'ROOMING IN'

The Maternity Unit has a "rooming in" policy, which means you and your baby should stay together throughout your stay. Your baby will stay with you during the day and night and a member of the ward staff will assist you with baby care, for example bathing or feeding if required. By allowing you to stay together we hope to promote bonding and breastfeeding from birth onwards.

- ❖ Baby linen - sheets, towels and blankets are available in the ward.
- ❖ Baby clothes are available.
- ❖ You are required to bring nappies with you into the ward.

## FEEDING

**Breastfeeding** offers your baby the very best start in life. Your breast milk is perfect for your baby and adapts to meet your baby's changing needs. Most babies will need no other food or drink until they are about 6 months old.

If you choose not to breastfeed your baby, we will supply you with ready to feed artificial baby milk while in hospital. The choices available are all "Whey based" milk formulas, manufactured by the main baby milk producers in the U.K.

- ❖ A neonatal doctor (*baby doctor*) or midwife will examine your baby prior to your transfer to the care of the community team.

## WELCOME TO THE MATERNITY UNIT

The staff of the Maternity Unit would like to welcome you. We appreciate that being in hospital can often be an anxious time for both you and your family and friends. We hope that this information about our ward will be of help. If you do not understand what is happening to you or you have any worries or questions, please ask.

**Ward 21 direct dial telephone number: 01698 366210**

**Ward 22 direct dial telephone number: 01698 366220**

**Ward 23 direct dial telephone number: 01698 366230**

**Ward 24 direct dial telephone number: 01698 366240**

Entry to the wards is via a buzzer system. The buzzer is located on the panel outside the ward on the main corridor. To enter, press the buzzer once and a member of staff will answer as soon as possible.

To exit, press the green button situated near the main door out of the ward.

## WHO WILL YOU MEET?

You may meet a wide range of healthcare staff during your stay in hospital including, doctors, midwives, clinical support workers, physiotherapists, domestic and portering staff and so on.

A photographer attends the wards daily between 9.00am - 12.00pm. Price lists and a range of photographic sizes are available.

The "Bounty" representative will come into the ward Monday to Friday to issue all mums with bags of free samples, leaflets and general baby care items.

## FOR YOUR COMFORT

- ❖ The midwife call system (*Buzzer*) is located at each bedside. Please use this if you are unable to get up and about, for instance, if you are on a monitor or are feeling unwell.
- ❖ Each room has en-suite facilities; shower, toilet/bidet and wash hand basin.  
The ward has one bathroom located at the top end of the ward.
- ❖ A limited number of hairdryers and cool air fans are available on request.
- ❖ Meals are served to your bedside, apart from breakfast and morning refreshments, which are self-service. A trolley with breakfast cereals, porridge, rolls, tea and coffee can be found in the dayroom.

|                       |                            |
|-----------------------|----------------------------|
| <b>Breakfast</b>      | <b>0800 - 0900</b>         |
| <b>Morning coffee</b> | <b>10.30 - 11.30</b>       |
| <b>Lunch</b>          | <b>approximately 12.30</b> |
| <b>Supper</b>         | <b>17.30</b>               |

We distribute menus for the following day offering a choice of meals. We can request sandwiches and special diets from the catering department; please speak to a midwife if this is required.

- ❖ Each ward has one portable pay phone, normally situated in the dayroom. This can be moved to your room to enable you to make calls following the birth of your baby.

**Please DO NOT** use mobile phones within the hospital as their use may interfere with medical equipment.

## VISITING

### 9.00am - 9.00pm: Partners only

Please note that children cannot be left unattended at anytime.

### Regular visiting: Daily 3.00pm - 4.00pm and 7.00pm - 8.00pm.

If these visiting times are not suitable, please do not hesitate to discuss alternative arrangements with the midwife in charge.

We ask that there are no more than **3 visitors** to a bed at any one time for health and safety reasons and for the welfare of both mum and baby.

## SECURITY

As a security measure there is a controlled door entry system throughout each clinical area in Wishaw General Hospital.

Electronic security tagging is applied to your baby during your postnatal stay on the ward.

- ❖ All members of staff wear photographic identification cards.
- ❖ CCTV cameras are placed throughout the hospital and grounds.

## MEDICATIONS

Please note that there are no set medicine rounds. The midwife will administer medicines which are prescribed at set times. Should you require any other medicines such as painkillers please ask a midwife within the ward area at any time.